

Varithena®

Varithena is a minimally invasive, non-surgical procedure used to treat abnormal veins.

Varithena is an FDA-approved prescription medicine used to treat varicose veins and symptoms related to or caused by varicose veins.

Under the guidance of ultrasound technology, Varithena is injected into the diseased veins. The Varithena foam will then collapse and seal the problematic vessels, rerouting blood flow to nearby healthy veins.

Benefits of Varithena®

- Minimally invasive, non-surgical
- High success rate, up to 94%
- Office-based procedure (no hospital stay)
- No general anesthesia
- No downtime
- Fewer side effects than traditional vein “stripping”
- Improves undesirable appearance of veins

Varithena® Effectiveness

In clinical studies, the majority of patients treated with Varithena saw improvements in related symptoms including leg heaviness, achiness, swelling, and itching after just one treatment. In an assessment by both patients and physicians, the majority of patients also experienced an improvement in vein appearance.

Procedure

- Treatment with Varithena doesn't require any incisions or general anesthesia. It usually takes the doctor less than an hour to administer Varithena.
- The doctor administers a small amount of Varithena through a catheter or by direct injection into the malfunctioning vein.
- The Varithena microfoam fills and treats the desired section of vein.
- The diseased vein collapses and the microfoam is deactivated.
- When the malfunctioning vein collapses, blood flow shifts to healthy veins.

Pre-Treatment Instructions

- Bring your compression stockings with you for each appointment.
- Bring comfortable shoes for walking.
- Avoid using lotions on your legs the day of your Varithena session.
- Drink at least 64oz of water and avoid any alcohol the day prior to your Varithena session.
- Drink 32oz of water and avoid caffeine/coffee the day of your Varithena session.
- Report any medication, allergies, or changes in your medical condition prior to your session.
- Avoid air travel for 1 week following your Varithena session.

Post-Treatment Instructions

- After Varithena, a compression stocking will be applied. After walking for 10-20 minutes, you will be able to drive yourself home.
- You will be instructed to wear compression stockings continuously for 2 days. Thereafter, you will put your stockings on in the morning and take them off at night for 12 additional days. You do not need to wear stockings while showering.
- You may resume most of your regular activities immediately, excluding running, jumping, and other strenuous activities that involve your core muscle group (torso area). Do not lift more than 40 pounds for 1 week. You may resume normal workouts after 1 week.
- Avoid air travel for 1 week following a Varithena session.
- Avoid hot tubs, baths, lakes or swimming pools for 1 week.
- You are encouraged to walk 30-60 minutes per day.

